

## SPIRITUAL HEALTH SURVEY

### About this Survey

1. This survey is taken twice. First, answer in the “Year Start” column. At the end of the year, this survey will be returned to you and you will answer in the “Year End” column.
2. This spiritual health survey is for you to evaluate your own spiritual health and to see if you have grown spiritually over the course of a year. It is also used by the church to see if we have helped you grow in the course of the year.
3. You have to give yourself an ID, e.g. your NRIC / FIN. If you don't mind Pastor Peter knowing your answers, you may put your real name. It is easier to locate the owner of the form at the end of the year when you fill in the second part.
4. Circle one number from 1 to 5.  
1 (Strongly disagree); 2 (somewhat disagree); 3 (neutral); 4 (somewhat agree); 5 (strongly agree).

Name / ID: \_\_\_\_\_

Circle one number from **1** to **5**.

**1** (Strongly disagree); **2** (somewhat disagree); **3** (neutral); **4** (somewhat agree); **5** (strongly agree)

Symbol:  $\geq$  means more than or equal to     $\leq$  means less than or equal to

	Question	Year Start	Year End
1	I love God with all my being.	1 2 3 4 5	1 2 3 4 5
2	I love my friends as myself.	1 2 3 4 5	1 2 3 4 5
3	I love those who hate me.	1 2 3 4 5	1 2 3 4 5
4	I serve the God / God's people.	1 2 3 4 5	1 2 3 4 5
5	I am more concern about my spiritual welfare than my material welfare.	1 2 3 4 5	1 2 3 4 5
6	I give generously to God's work ( <b>1</b> $\geq$ 2%; <b>2</b> $\leq$ 4%; <b>3</b> $\leq$ 6%; <b>4</b> $\leq$ 8%; <b>5</b> $\leq$ 10%).	1 2 3 4 5	1 2 3 4 5
7	I pray regularly.	1 2 3 4 5	1 2 3 4 5
8	When I pray to God, I do so passionately.	1 2 3 4 5	1 2 3 4 5
9	I am a faithful disciple of Jesus.	1 2 3 4 5	1 2 3 4 5
10	I make an effort to win people to Christ.	1 2 3 4 5	1 2 3 4 5
11	I read the Bible regularly ( <b>1</b> = 1x/wk; <b>2</b> = 2x/wk; <b>3</b> = 3x/wk; <b>4</b> = 4x/wk; <b>5</b> $\leq$ 5x/wk).	1 2 3 4 5	1 2 3 4 5
12	I have surrendered every area of my life to Christ.	1 2 3 4 5	1 2 3 4 5
13	I have surrendered at least one area of my life to Christ this past year.	1 2 3 4 5	1 2 3 4 5
14	I had to do the right thing even though it was very difficult OR I did not face such a challenge.	1 2 3 4 5	1 2 3 4 5
15	I embrace God's call for me to be humble.	1 2 3 4 5	1 2 3 4 5
16	I have a community of Christians with whom I enjoy fellowship.	1 2 3 4 5	1 2 3 4 5
17	I have a good grasp of the truths of the Christian faith.	1 2 3 4 5	1 2 3 4 5
18	My mind is being transformed to conform to the mind of Christ.	1 2 3 4 5	1 2 3 4 5
19	I did something for those in harder life situations than I.	1 2 3 4 5	1 2 3 4 5
20	Other people think I am a faithful disciple of Christ.	1 2 3 4 5	1 2 3 4 5
21	When I serve God, I think of the needs of others rather than what I like to do.	1 2 3 4 5	1 2 3 4 5
22	When I serve God, it does not matter to me that I am not appreciated.	1 2 3 4 5	1 2 3 4 5
23	I trust God to provide for my (family's) needs.	1 2 3 4 5	1 2 3 4 5
24	I live a simple life.	1 2 3 4 5	1 2 3 4 5
25	I am free from anxiety.	1 2 3 4 5	1 2 3 4 5
26	My life is characterized by the joy of the Lord.	1 2 3 4 5	1 2 3 4 5
27	I will obey Christ regardless of the cost.	1 2 3 4 5	1 2 3 4 5
28	I understand and accept the pain in my life.	1 2 3 4 5	1 2 3 4 5
29	I eagerly look forward to the second coming of Christ.	1 2 3 4 5	1 2 3 4 5
30	I want to live my life according to God's will.	1 2 3 4 5	1 2 3 4 5
	Total		